

February 4, 2008

Before you begin reading this, please know that I'm NOT a doctor! I cannot diagnosis or cure anything – the diagnostics we'll leave for those with the appropriate tools, and the cure we must leave to you!

If you'd like to see pictures of any of the things we post, please check out the appropriate album in my pictures.

This evening the Moon will be moving in Aquarius. You will be everybody's friend in this Moon. With this Moon's outgoing and imaginative energies, you're equipped to help others with humanitarian pursuits. Idealistic lunar pressure will influence you right now, as if it was left over from the last Moon; however, instead of withdrawing, there will be a willingness to discuss your thoughts with anyone who will listen. You may also (due to the masculine nature of this Moon) be very blunt and say things that are meant to startle others. The shock value of your statements will be weighed prior to speaking them—the more shocking the statement, the more fun you will have saying it. Charisma will be in no short supply during this Moon. You can inspire others with enthusiasm and imagination. Your effect on others is solely due to the outer presentation of yourself, as your actual emotions will be on the cool side.

Emotionally, you will desire privacy, because you feel distant from others and unwilling to include them in your emotional life. This will contribute to the feeling that others have that they cannot get close to you or that you're hiding behind an outgoing, exciting persona.

This can be a troublesome Moon, due to the fact that it is difficult to simultaneously desire to be both charismatic and private. If you have heavy water influences in your chart (like the Sun, or Moon, or Mercury) you will find this time especially frustrating, since you typically deal with others through intimacy, and the need for privacy makes intimacy a real chore. Trying to deal with the two opposites is confusing, and you will most likely try to escape through detachment.

Freedom may top your list for the next few days, and fits in with the emotional detachment you're experiencing. Stay away from situations that require direction from others. Being told what to do will be difficult to accept during this Moon. Try, if possible, to work on independent projects. The more control you have over your life, the happier you will be!

Lepidolite



Folk Names

Colors

Sources

Healing

Peace Stone, Stone of Peace

pink to lilac to violet with medium to dark pink inclusions known as Rubellite or Pink Tourmaline

Australia, California, New Mexico, Connecticut, Maine, South Dakota, Russia, Elba, Canada, Malagasy Republic, Rhodesia, Brazil, Japan, Moravia, Sweden

relieves stress, promotes restful sleep, eases tension, self healing

Chakras
Psychological

Heart
encourages peacefulness, aids in connecting with spiritual aspect of self, aids with protection, prevents nightmares, improves psychism, promotes love, encourages reconciliation, soothes anger and hatred, brings about cosmic awareness, generates harmonious energies, calms and soothes, eases hostilities, balances the heart with the mind, acts as a messenger of the androgynous way and assists in answering questions about the heart and the conscious impressions of the higher mind, calming, soothing, re-awakens "spiritual" feelings, intuitive knowing

Lore/Personal Experience

I just love this stone. Its gentle energies permeate and calm even the most rambunctious child. It is a very gentle reminder to any that utilize its energies that self-love is very important and what others think about you is quite irrelevant to your own feelings about your self and your lifewalk.

Energy
Astrology
Planets
Elemental Correspondences

Receptive/Feminine
Capricorn, Cancer, Taurus, Libra
Jupiter, Neptune, Saturn, Moon, Venus
water, air touch

FENNEL
(Foeniculum Vulgare)



Folk Names
Gender
Planetary
Elements
Magical Aspects
Magical Uses

Large Fennel, Wild Fennel, Sweet Fennel
Masculine/Yang
Mercury
Fire

Protection, healing, purification
The thyrsus, which figured in Dionysian ceremonies, was often made of giant Fennel stalks with pinecones attached to the ends. Ground around the home, Fennel confers protection. Wearing a piece of Fennel in the left shoe will prevent wood ticks from biting your legs. Gathered on Midsummer's Eve, Fennel is hung up at windows and doors to ward off evil spirits, and the seeds can be carried for the same reasons. Fennel is used in purification sachets and healing mixtures. Taking Fennel tea as a magical tonic will bring the ability to have a long life, filled with ability to face danger, and be strong in the face of adversity. Used as an aspurger of the sacred Circle and the home. For the Cabbalist, it will assist in learning about the Sphere of Hod. Fennel is said to restore lost eyesight.

Description

Fennel is a biennial or perennial plant that grows wild in the Mediterranean area and in Asia Minor but is commonly cultivated (and sometimes found wild) in the United States and Europe.

The long, carrot-shaped root produces a stout, pithy, finely grooved stem with fine bluish stripes. The leaves are decom- pound, dissected into numerous filiform segments, the upper leaves on broad sheaths that surround the stem. Large, com- pound umbels of yellow flowers appear from July to October. The fruit consists of two joined carpels, together taking an ob- long form with prominent ribs.

History/Personal Use

Fennel has been used as a magical herb, giving the user strength, vitality and sexual virility and fertility. It has also been used as an herb of protection, and has a very long history of magical uses.

I have only used Fennel as a cooking spice and it is an excellent choice for this purpose. All the qualities that are listed here can be imbued in your body when consumed. The flavor can be ei- ther quite delicate or very strong depending on how much is used, and how fresh it is.

Medicinal Parts

Medicinal Properties

Root, seed

Anticonvulsive, antispasmodic, appetite depressant, aromatic, bronchitis, carminative, colic, congestion, convulsions, coughs, cramps (abdominal), digestion, diuretic, expectorant, eye irrita- tions, eye strain, fasting, female problems, flatulence, flea repel- lent, galactagogue, gout, hoarseness, intestinal problems, lacta- tion (promotes), mucous accumulations, nervous disorders, pes- ticide, pin worms, rheumatic pains, sedative (children), spasms, stimulant, stomachic

Active Ingredients

Potassium, sulphur, sodium